

# WEEKLY BULLETIN

July 24, 2022 • Vol. 39, No. 30  
Sixth Sunday After Pentecost



St. ELIA  
ORTHODOX ✝ CHURCH

**A Parish of the Orthodox Church in America**

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[www.facebook.com/sainteliaakron](https://www.facebook.com/sainteliaakron)

*His Eminence Alexander, Archbishop of Toledo, Bulgarian Diocese, OCA  
Very Rev. Mitréd Archbishoppriest Father Don Anthony Freude, Parish Rector  
Rev. Protodeacon James M. Gresh, Attached*

# SCHEDULE OF DIVINE SERVICES

**6<sup>th</sup> SUNDAY AFTER PENTECOST. Tone 5**  
**Holy Martyrs and Passion bearers Boris and Gleb**  
**Martyr Christian of Tyre**  
**Saturday, July 23**

**5:00 pm Great Vespers and Confessions**

**Sunday, July 24**

**9:10 am 3<sup>rd</sup> and 6<sup>th</sup> Hours: Reader Michael Luc**

**9:30 am Divine Liturgy of Saint John**  
**Chrysostom**

**Epistle Reader: Reader Michael Luc**

**Epistle: Romans 12:6-14**

**Gospel: Matthew 9:1-8**

**7<sup>th</sup> SUNDAY AFTER PENTECOST – Tone 6 FOREFEAST**  
**OF THE PROCESSION OF THE HONORABLE WOOD**  
**OF THE LIFEGIVING CROSS Righteous Joseph of**  
**Arimathea**

**Saturday, July 30**

**5:00 pm Great Vespers and Confessions**

**Sunday, July 31**

**9:10 am 3<sup>rd</sup> and 6<sup>th</sup> Hours: Reader Joshua Wherley**

**9:30 am Divine Liturgy of Saint John**  
**Chrysostom**

**Epistle Reader: Reader Joshua Wherley**

**Epistle: Romans 15:1-7**

**Gospel: Matthew 9:27-35**

## *Beginning of the Dormition Fast*

**Monday, August 1**

**PROCESSION OF THE HONORABLE WOOD OF THE**  
**LIFEGIVING CROSS**

# TODAY'S SCRIPTURE READINGS

## Epistle: Romans 12:6-14

6 Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith;

7 or ministry, let us use it in our ministering; he who teaches, in teaching.

8 he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness.

9 Let love be without hypocrisy. Abhor what is evil. Cling to what is good.

10 Be kindly affectionate to one another with brotherly love, in honor giving preference to one another;

11 not lagging in diligence, fervent in spirit, serving the Lord;

12 rejoicing in hope, patient in tribulation, continuing steadfastly in prayer;

13 distributing to the needs of the saints, given to hospitality.

14 Bless those who persecute you; bless and do not curse.

***“Do not fear the conflict, and do not flee from it; where there is no struggle, there is no virtue.”***

**St. John of Kronstadt**

## Gospel: Matthew 9:1-8

### Jesus Forgives and Heals a Paralytic

**9** So He got into a boat, crossed over, and came to His own city. <sup>2</sup> Then behold, they brought to Him a paralytic lying on a bed. When Jesus saw their faith, He said to the paralytic, "Son, be of good cheer; your sins are forgiven you."

<sup>3</sup> And at once some of the scribes said within themselves, "This Man blasphemes!"

<sup>4</sup> But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? <sup>5</sup> For which is easier, to say, 'Your sins are forgiven you,' or to say, 'Arise and walk'? <sup>6</sup> But that you may know that the Son of Man has power on earth to forgive sins"—then He said to the paralytic, "Arise, take up your bed, and go to your house." <sup>7</sup> And he arose and departed to his house.

<sup>8</sup> Now when the multitudes saw *it*, they marveled<sup>[a]</sup> and glorified God, who had given such power to men.

#### **An Act of Contrition**

***"I have sinned in deed, word and thought, knowingly and unknowingly, willingly and unwillingly, thoughtfully and thoughtlessly, and it is impossible to enumerate all my sins because of their multitude. But I truly repent of these, and all others not mentioned by me because of my forgetfulness, and I ask that they may be forgiven through the abundance mercy of God."***  
(St. John of Kronstadt)

# Martyrs and Passion-Bearers

## Boris and Gleb

*Commemorated July 24*

Saints Boris and Gleb were sons of Saint Vladimir (July 15). Saint Boris was named Romanus and Saint Gleb was named David at their Baptism. After their father's death the eldest son Sviatopolk planned to kill his brothers Boris, Gleb, and Yaroslav in order to seize power. He sent a message to Boris, pretending that he wished to live in peace with him, and to increase Boris's land holdings inherited from their father.

Some of Vladimir's advisers told Boris that he should take the army and establish himself as ruler of Kiev. Saint Boris, however, said that he could never lift his hand against his own brother.

Unfortunately, Sviatopolk was not so scrupulous. He came to the town of Vyshgorod to ask its leaders if they were loyal to him. They assured him that they were ready to die for him.

Sviatopolk sent assassins to the Alta to kill Boris, who already knew that his brother wanted him dead. When they arrived they heard him chanting psalms and praying before an icon of Christ. He asked the Lord to strengthen him for the suffering he was

about to endure. He also prayed for Sviatopolk, asking God not to count this against him as sin.

Then he lay down upon his couch, and the assassins stabbed him with their lances, and also killed some of Boris's servants. Wrapping Boris in a cloth, they threw him onto a wagon and drove off with him. When Sviatopolk saw that he was still breathing, he sent some men to finish him off with swords.

After Sviatopolk had killed Boris, he wondered, "Now how can I kill Gleb?" He sent him a message saying that their father was ill and wished to see him. As he was on his way, he received word from Yaroslav that their father had died and that Sviatopolk had murdered Boris.

Saint Gleb wept for his father and brother, and was lamenting them when the assassins arrived. They seized his boat and drew their weapons, but it was Gleb's cook Torchin who stabbed him with a knife.

The martyr's body was thrown onto the shore between two trees. Later, he was buried beside Saint Boris in the church of Saint Basil.

Saints Boris and Gleb received the crown of martyrdom in 1015. They became known as Passion-Bearers, since they did not resist evil with violence.



## THE VISITATION OF MARY WITH ELIZABETH

*“For indeed, as soon as the voice of your greeting sounded in my ears, the babe leaped in my womb for joy.”*

### *The Song of Mary*

*46 And Mary said:*

*“My soul [a] magnifies the Lord,  
47 And my spirit has rejoiced in God my Savior.  
48 For He has regarded the lowly state of His  
maidservant;  
For behold, henceforth all generations will call  
me blessed.*

***49 For He who is mighty has done great things for me,***

***And holy is His name.***

***50 And His mercy is on those who fear Him  
From generation to generation.***

***51 He has shown strength with His arm;  
He has scattered the proud in the imagination of  
their hearts.***

***52 He has put down the mighty  
from their thrones,  
And exalted the lowly.***

***53 He has filled the hungry with good things,  
And the rich He has sent away empty.***

***54 He has helped His servant Israel,  
In remembrance of His mercy,***

***55 As He spoke to our fathers,  
To Abraham and to his seed forever.”***

## HEARTBEAT

“When pregnant, the cells of the baby migrate into the mother’s bloodstream and then circle back into the baby, it’s called “fetal-maternal micro chimerism”.

For 41 weeks, the cells circulate and merge backwards and forwards, and after the baby is born, many of these cells stay in the mother’s body, leaving a permanent imprint in the mother’s tissues, bones, brain, and skin, and often stay there for decades. Every single child a mother has afterwards will leave a similar imprint on her body, too.



Even if a pregnancy doesn't go to full term or if you have an abortion, these cells still migrate into your bloodstream.

Research has shown that if a mother's heart is injured, fetal cells will rush to the site of the injury and change into different types of cells that specialize in mending the heart.

The baby helps repair the mother, while the mother builds the baby. How cool is that?

This is often why certain illnesses vanish while pregnant. It's incredible how mothers' bodies protect the baby at all costs, and the baby protects & rebuilds the mother back - so that the baby can develop safely and survive.

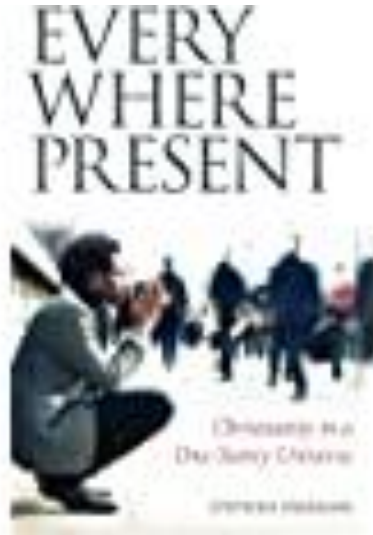
Think about crazy cravings for a moment. What was the mother deficient in that the baby made them crave?

Studies have also shown cells from a fetus in a mother's brain 18 years after she gave birth. How amazing is that?"

If you're a mom, you know how you can intuitively feel your child even when they are not there.... Well, now there is scientific proof that moms carry them for years and years even after they have given birth to them.

I find this to be so very beautiful.

# SAINT ELIA FALL BOOK STUDY



Have you ever referred to God as the Man upstairs?

Most Christians living in a secular society have unwittingly relegated God and all things spiritual to the second story of the universe: a realm we cannot reach except through death. The effect of this is to banish God, along with the saints and angels, from our everyday lives.

In ***Everywhere Present***, popular blogger and podcaster Fr. Stephen Freeman makes a compelling case for becoming aware of God's living and active presence in every moment of our lives here and now. Learning to practice your Christian faith in a one-story universe will change your life and make possible the living, intimate relationship with God you always dreamed of.

Interested? Target date: September 2022.

Please contact Reader Joshua Wherley: (330) 714-8804

[josh.wherley@gmail.com](mailto:josh.wherley@gmail.com)

**REMEMBERING THOSE SERVING  
IN THE ARMED FORCES**

Subdeacon Anthony Freude,  
son of Fr Don and Popadia Donna Freude  
Egor Cravenco,  
son of Serghei and Ludmila Cravenco

**REMEMBERING OUR SICK AND SHUTINS**

Metropolitan Herman  
Archbishop Benjamin  
Archbishop Nathaniel  
Joseph Boyle - brother of Kathy Gray  
Phyllis (sister of Rose Marie Vronick)  
Angelo Lambo\*  
Florence Lambo  
Martin Vronick  
Rose Marie Vronick  
Nicoletta (Nikki) Bober  
Pani Dolores Zuder  
Matushka Myra Kovalak  
Mitered Archpriest Daniel Kovalak  
Matushka Christine Zebren  
Matushka Laryssa Huntyan  
Matushka Patricia Bohush-aunt of John Bohush  
Sarah Niglio  
Eve Tavenier

\*Angelo Lambo is presently in rehab at  
Timberland Ridge, 3558 Ridgewood Rd.  
Fairlawn, Ohio 44333

## PANDEMIC GUIDELINES

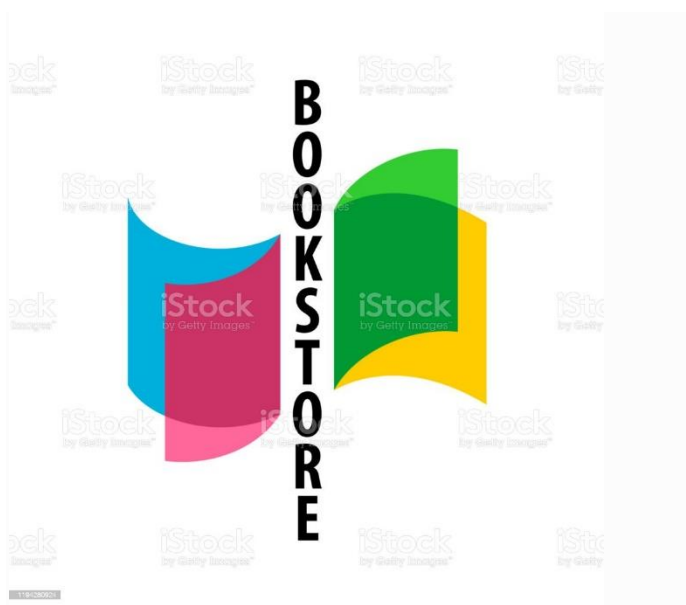
Since the beginning of the Covid-19 Pandemic we have been taking every PRECAUTION to protect the health and well-being of our people. St. Elia Parish will follow these directives:

- 1) If you are sick and/or exhibit coronavirus symptoms, you must refrain from attending services.
  
- 2) The CDC recommends masking while indoors if you are unvaccinated, sanitizing your hands and to maintain social distancing.
  
- 3) The kissing of Icons, the Cross, the Gospel Book, the Chalice, and the priest's hand when receiving the blessing is permitted if you are comfortable doing so.
  
- 4) The sanitizer and masks are available in the vestibule for your convenience

***THE CROSS is wood which lifts us up  
and makes us great...***

***THE CROSS uprooted us from the  
depths of evil and elevated us to the  
summit of virtue."***

St. John Chrysostom



### **Visit the St. Elia Bookstore etc.**

If you haven't visited the little St. Elia "shop" downstairs in the parish hall lately, we are carrying several new items including coffee mugs with quotes from the saints, and St. Elia T-shirts and baseball caps. If you are interested in a piece of St. Elia "spirit wear" in a certain size or style that's not currently available, please see Aaron Gray about a special order. All proceeds go toward the life and ministry of our parish. Thank you for your support.

### **2022 DIOCESAN CONFERENCE**

**Saturday, October 8 and Sunday, October 9  
St. George Cathedral, Rossford (Toledo)**